

## **Materials**

- Cellophane Sheets with Butterfly Holes
- Ball Regular Mouth Canning Jar 8 oz.
- <u>Tablespoon Measuring Spoon</u>
- Potting & Planting Soil
- Seedling Heat Mat
- Milkweed Seeds
- Coconut Coir
- Container

### Method / Process

- 1. Clip the Milkweed Seeds if appropriate. See blog on Clipping.
- 2. Add water to a container and soak seeds 24 hours.
- 3. Remove the jar's lid and sprinkle milkweed seeds on the surface of the soil.
- 4. Add four tablespoons of water over the seeds.
- 5. Sprinkle the included Coconut Coir (dust/sand) evenly over the wet seeds and soil.
- 6. Place one 6x6 Cellophane Sheet over the jar with the butterfly hole centered. Put the ring of the jar lid back on.
- 7. Place the jar on a sunny window sill and watch your milkweed grow.

### **Jarmination**

A Guide to Germinating Milkweed Seeds in a Jar By Brad Grimm March 27, 2021

#### Introduction

I refer to germinating milkweed seeds in a jar as jarmination. Like all good ideas, jarmination has been adapted from someone else's good idea. This jarmination guide will help you germinate seeds in the genus Asclepias. If you are looking for a consistent, predictable and reliable method to start milkweed. You will enjoy the process and insights presented in this guide. Special thanks to my wonderful wife Ashley for gifting me the Organic Lavender Windowsill Planter from <u>Back to the Roots</u> which inspired the jarmination technique.

#### **Overview**

Jarmination is a very specific process that requires specialized materials. Following each step without deviating from the process is highly recommended. This guide is just one of many possible ways to germinate Asclepias seeds. Other methods of propagating Asclepias from seed are natural dispersion, Cold Moist Stratification (CMS), water germination, winter sowing and direct sowing.

Do clip (always optional): Asclepias syriaca, Asclepias speciosa, Asclepias arenaria, Asclepias latifolia, Asclepias californica, Asclepias vestita, Asclepias cordifolia, Asclepias purpurascens, Asclepias texana

Do not clip: Asclepias incarnata, Asclepias fascicularis, Asclepias verticillata, Asclepias subverticillata, Asclepias angustifolia, Asclepias tuberosa, Asclepias erosa, Asclepias hallii, Asclepias ovalifolia, Asclepias linaria, Asclepias involucrata, Asclepias perennis, Asclepias engelmanniana, Asclepias subulata, Asclepias oenotheroides

Unknown: everything else

# **Examples**

growmilkweedplants.com/blog





